

September 2023



Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject To Change Without Notice				1 Italian Dunkers Marinara Sauce Green Beans Vegetable Bar Mixed Fruit Banana
4 NO SCHOOL	5 Crispitos Cheese Sauce Broccoli Vegetable Bar Mandarin Oranges Applesauce	6 BBQ WG Bun Baked Beans Vegetable Bar Pears Orange Slices	7 Tator Tot Hot Dish Garlic Knot Peas Vegetable Bar Mixed Fruit Apple Slices	8 Grilled Chicken Breast WG Bun Carrots Vegetable Bar Peaches Tropical Fruit
11 Beef Philly & Cheese WG Hot Dog Bun Grilled Onions & Peppers Corn Vegetable Bar Pineapple Applesauce	12 Tacos Tortillas Carrots Vegetable Bar Mandarin Oranges Apples	13 Chicken Strips Dinner Roll Peas Vegetable Bar Peaches Tropical Fruit	14 Baked Ziti Bread Stick Green Beans Vegetable Bar Pears Oranges	15 Hot Dog WG Hot Dog Bun Baked Beans Vegetable Bar Mixed Fruit Cut Mixed Fruit
18 Waffles & Sausage Yogurt Hashbrowns Vegetable Bar Peaches Strawberries	19 Texas Straw Hats Tortilla Chips & Cheese Sauce Carrots Vegetable Bar Applesauce Oranges	20 BBQ Chicken WG Bun Baked Beans Vegetable Bar Mixed Fruit Applesauce	21 Teriyaki Chicken Rice Oriental Vegetables Vegetable Bar Mandarin Oranges Apples	22 Hamburger WG Bun Peas Vegetable Bar Tropical Fruit Banana
25 Popcorn Chicken Dinner Roll Mashed Potatoes & Gravy Corn Vegetable Bar Pineapple Strawberries	26 Chicken Alfredo Bread Stick Broccoli Vegetable Bar Mandarin Oranges Applesauce	27 BBQ Pork WG Bun Baked Beans Vegetable Bar Pears Oranges	28 Meatloaf Garlic Knot Mashed Potatoes & Gravy Carrots Vegetable Bar Tropical Fruit Apples	29 Corn Dog Cookie Green Beans Vegetable Bar Applesauce Grapes

BREAKFAST START TIMES:

7:30 AM

George & Little Rock
Attendance Centers

BREAKFAST PRICES:

Students – \$1.70

Adult -- \$2.05

LUNCH PRICES:

K-6 – \$2.65

7-12 -- \$2.95

MS/HS Seconds - \$1.85

Adult -- \$4.85

BREAKFAST ITEMS:

Monday: Waffles or Muffins

Tuesday: Pancake on a Stick or Bagel

Wednesday: Egg and Sausage Patty

Thursday: French Toast Sticks or Ham Bar

Friday: Donut and Yogurt

Cereal, Toast and Fruit served daily

VEGETABLE BAR:

Lettuce/Carrots/Broccoli

Ranch/French Dressing

MILK SERVED DAILY

1% White Skim Chocolate

George-Little Rock is an Equal Opportunity Provider