

March 2023



Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject To Change Without Notice		1 BBQ WG Hamburger Bun Corn Vegetable Bar Mixed Fruit Apple Slices	2 Salisbury Steak WG Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Mandarin Oranges Tropical Fruit	3 Corn Dog Cookie Baked Beans Vegetable Bar Fresh Fruit Mix Applesauce

MARCH 6 - 10 NATIONAL SCHOOL BREAKFAST WEEK

6 Crispy Chicken Breast WG Bun Corn Vegetable Bar Pears Apple Slices	7 Waffles & Sausage Yogurt Hashbrown Patty Vegetable Bar Peaches Strawberries	8 Texas Straw Hat Chips & Cheese Sauce Peas Vegetable Bar Tropical Fruit Orange Slices	9 Teriyaki Chicken Rice & Fortune Cookie Oriental Vegetable Vegetable Bar Mandarin Oranges Applesauce	10 Pancake on a Stick Breakfast Cookie Carrots Vegetable Bar Mixed Fruit Frozen Juice Cup
13 Chicken Drumstick WG Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Mandarin Oranges Pears	14 Scalloped Potatoes & Ham Breadsticks Peas Vegetable Bar Peaches Applesauce	15 Mr. Rib WG Bun Baked Beans Vegetable Bar Pears Orange Slices	16 Pizza Crunchers Garlic Knot Green Beans Vegetable Bar Mixed Fruit Apple Slices	17 Hot Ham and Cheese WG Bun Carrots Vegetable Bar Tropical Fruit Banana
20 Chicken Patty WG Bun Peas Vegetable Bar Mixed Fruit Orange Slices	21 Chicken Alfredo Bread Stick Broccoli Vegetable Bar Peaches Pineapple	22 Beef Philly & Cheese Sauce WG Hot Dog Bun Grilled Onions & Peppers Carrots Vegetable Bar Mandarin Oranges Apple Slices	23 Pizza Cookie Green Beans Vegetable Bar Applesauce Orange Sorbet	24 No School
27 Hamburger WG Bun Carrots Vegetable Bar Pears Mandarin Oranges	28 Chicken Nugget WG Dinner Roll Green Beans Vegetable Bar Mixed Fruit Apple Slices	29 BBQ Beef WG Bun Corn Vegetable Bar Applesauce Orange Slices	30 Goulash WG breadstick Peas Vegetable Bar Tropical Fruit Peaches	31 Hot Dog WG Bun Baked Beans Vegetable Bar Mixed Fruit Banana

BREAKFAST START TIMES:

7:30 AM

George & Little Rock

Attendance Centers

BREAKFAST PRICES:

Students - \$1.60

LUNCH PRICES:

TK - 6 - \$2.55

7-12 - \$2.85

MS/HS Seconds - \$1.30

BREAKFAST ITEMS:

Monday: Muffin and Yogurt or Waffle

Tuesday: Pancake on a Stick or Bagel

Wednesday: Egg and Sausage Patty

Thursday: French Toast Sticks or Ham Bar

Friday: Donut and Yogurt

Cereal, Toast and Fruit served daily

VEGETABLE BAR:

Lettuce/Carrots/Broccoli

Ranch/French Dressing

MILK SERVED DAILY

1% White Skim Chocolate

George-Little Rock is an Equal Opportunity Provider