

November 2022



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Crunchers Cookie Green Beans Vegetable Bar Pears Orange Slices	2 Beef Philly with Cheese Sauce WG Hot Dog Bun Grilled Onions and Peppers Carrots Vegetable Bar Mixed Fruit Apple Slices	3 Scalloped Potatoes & Ham WG Bread Stick Peas Vegetable Bar Peaches Applesauce	4 No School
7 Chicken Patty WG Bun Peas Vegetable Bar Mixed Fruit Apple Slices	8 Sausage WG Waffles Hashbrown Patty Vegetable Bar Peaches Strawberries Yogurt	9 Mr. Rib WG Bun Corn Vegetable Bar Pears Orange Slices	10 Chicken Fajita Tortilla Fajita Vegetables Refried Beans Vegetable Bar Tropical Fruit Mandarin Oranges	11 Pizza Cookie Green Beans Vegetable Bar Applesauce Fresh Fruit Mix
14 Hamburger WG Bun Carrots Vegetable Bar Pears Orange Slices	15 Popcorn Chicken WG Dinner Roll Mashed Potatoes Corn Vegetable Bar Mixed Fruit Apple Slices	16 BBQ Beef WG Bun Green Beans Vegetable Bar Applesauce Mandarin Oranges	17 Baked Ziti WG Breadstick Peas Vegetable Bar Tropical Fruit Peaches	18 Hot Dog WG Bun Baked Beans Vegetable Bar Mixed Fruit Banana
21 Pork Patty WG Bun Carrots Vegetable Bar Applesauce Tropical Fruit	22 Walking Taco Chips Peas Vegetable Bar Pears Mandarin Oranges	23 Thanksgiving Meal Turkey WG Dinner Roll Mashed Potatoes & Gravy Corn Vegetable Bar Mixed Fruit Apple Crisp & Ice Cream	24 No School	25 No School
28 Italian Dunkers Marinara Sauce Green Beans Vegetable Bar Tropical Fruit Peaches	29 Crispito Cheese Sauce Peas Vegetable Bar Pears Orange Slices	30 BBQ WG Bun Corn Vegetable Bar Mixed Fruit Apple Slices	Menu Subject To Change Without Notice	

BREAKFAST START TIMES:

7:30 AM

George & Little Rock
Attendance Centers

BREAKFAST PRICES:

Students - \$1.60

LUNCH PRICES:

TK - 6 - \$2.55

7-12 - \$2.85

MS/HS Seconds - \$1.30

BREAKFAST ITEMS:

Monday: Muffin or Bagel

Tuesday: Pancake on a Stick

Wednesday: Egg and Sausage Patty

Thursday: French Toast Sticks

Friday: Donut or Yogurt

Cereal, Toast and Fruit served daily

VEGETABLE BAR:

Lettuce/Carrots/Broccoli

Ranch/French Dressing

MILK SERVED DAILY

1% White Skim Chocolate

George-Little Rock is an Equal Opportunity Provider