

# September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu Subject To Change Without Notice</b>		<b>31</b> Hot Dog WG Bun Baked Beans Vegetable Bar Tropical Fruit Orange Slices	<b>1</b> Meat Loaf Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Peaches Apple Slices	<b>2</b> BBQ Chicken WG Bun Corn Vegetable Bar Pears Banana
<b>5</b> <b>No School</b>	<b>6</b> Crispito Cheese Sauce Peas Vegetable Bar Pears Orange Slices	<b>7</b> BBQ WG Hamburger Bun Corn Vegetable Bar Mixed Fruit Apple Slices	<b>8</b> Salisbury Steak WG Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Mandarin Oranges Tropical Fruit	<b>9</b> Corn Dog Cookie Baked Beans Vegetable Bar Fresh Fruit Mix Applesauce
<b>12</b> Grilled Chicken Breast WG Bun Corn Vegetable Bar Pears Apple Slices	<b>13</b> Mac & Cheese Bread Stick Green Beans Vegetable Bar Peaches Strawberries	<b>14</b> Texas Straw Hat Tortilla Chips Cheese Sauce Peas Vegetable Bar Tropical Fruit Orange Slices	<b>15</b> Teriyaki Chicken Rice Oriental Vegetable Vegetable Bar Mandarin Oranges Applesauce	<b>16</b> BBQ Pork WG Bun Carrots Vegetable Bar Mixed Fruit Banana
<b>19</b> Chicken Drumstick WG Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Pineapple Strawberries	<b>20</b> Italian Dunkers Meat Sauce Green Beans Vegetable Bar Pears Orange Slices	<b>21</b> Philly Beef and Cheese WG Hot Dog Grilled Onions and Peppers Carrots Vegetable Bar Mixed Fruit Apple Slices	<b>22</b> Tator Tot Hot Dish Bread Stick Peas Vegetable Bar Peaches Applesauce	<b>23</b> Hot Ham and Cheese WG Bun Baked Beans Vegetable Bar Mandarin Oranges Banana
<b>26</b> Chicken Patty WG Bun Corn Vegetable Bar Mixed Fruit Apple Slices	<b>27</b> Egg and Sausage WG Croissant Carrots Vegetable Bar Peaches Strawberries	<b>28</b> Mr. Rib WG Bun Baked Beans Vegetable Bar Pears Orange Slices	<b>29</b> Chicken Fajita Salsa Rice Peas Vegetable Bar Tropical Fruit Mandarin Oranges Queso	<b>30</b> Pizza Cookie Green Beans Vegetable Bar Applesauce Fresh Fruit Mix

**BREAKFAST START TIMES:**

7:30 AM

George & Little Rock  
Attendance Centers

**BREAKFAST PRICES:**

Students - \$1.60

**LUNCH PRICES:**

TK - 6 - \$2.55

7-12 - \$2.85

MS/HS Seconds - \$1.30

**BREAKFAST ITEMS:**

Monday: Muffin or Bagel

Tuesday: Pancake on a Stick

Wednesday: Egg and Sausage Patty

Thursday: French Toast Sticks

Friday: Donut or Yogurt

\*Cereal, Toast and Fruit served daily\*

**VEGETABLE BAR:**

Lettuce/Carrots/Broccoli

Ranch/French Dressing

**MILK SERVED DAILY**

1% White      Skim Chocolate

George-Little Rock is an Equal Opportunity Provider