

January 2022



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| 3 No School Winter Break | 4 No School | 5 Corn dog Chips Baked Beans Vegetable Bar Mixed Fruit Orange Slices | 6 Scalloped Potatoes & Ham Dinner Roll Peas Vegetable Bar Peaches Applesauce | 7 Pizza Cookie Green Beans Vegetable Bar Pineapple Pears |
| 10 Pork Patty WG Bun Corn Vegetable Bar Tropical Fruit Peaches | 11 Chicken Fajitas Tortillas Carrots Vegetable Bar Mandarin Oranges Mixed Fruit | 12 Mr. Rib WG Bun Baked Beans Vegetable Bar Pears Orange Slices | 13 Chicken Drumstick Dinner Roll Mashed Potatoes & Gravy Vegetable Bar Pineapple Apple Slices | 14 Breakfast Pizza Yogurt Sidekick Vegetable Bar Peaches Banana |
| 17 Hamburger WG Bun Carrots Vegetable Bar Pears Orange Slices | 18 Chicken Strips WG Dinner Roll Green Beans Vegetable Bar Mixed Fruit Apple Slices | 19 BBQ Beef WG Bun Corn Vegetable Bar Applesauce Mandarin Oranges | 20 Goulash WG cheese breadstick Peas Vegetable Bar Tropical Fruit Peaches | 21 Hot Dog WG Bun Baked Beans Vegetable Bar Pineapple Banana |
| 24 Chicken Patty WG Bun Peas Vegetable Bar Applesauce Tropical Fruit | 25 Walking Taco Chips Refried Beans Vegetable Bar Mandarin Oranges Pear Slices | 26 Tangerine Chicken Rice Oriental Vegetables Vegetable Bar Orange Slices Mixed Fruit | 27 Hot Beef Slice of Bread Mashed Potatoes & Gravy Vegetable Bar Peaches Apple Slices | 28 BBQ Chicken WG Bun Corn Vegetable Bar Pears Banana |
| 31 Italian Dunkers Marinara Sauce Green Beans Vegetable Bar Peaches Apple Slices | | | | Menu Subject To Change Without Notice |

BREAKFAST START TIMES:

7:30 AM

George & Little Rock

Attendance Centers

BREAKFAST PRICES:

Students - Free

LUNCH PRICES:

Students – Free

MS/HS Seconds - \$1.25

BREAKFAST ITEMS:

Monday: Muffin or Bagel

Tuesday: Pancake on a Stick

Wednesday: Egg and Sausage Patty

Thursday: French Toast Sticks

Friday: Donut or Yogurt

Cereal, Toast and Fruit served daily

MS & HS BREAKFAST

A LA CARTE ITEMS:

Bacon or Sausage Pizza

Breakfast Burrito

VEGETABLE BAR:

Lettuce/Carrots/Broccoli

Ranch/French Dressing

MILK SERVED DAILY

1% White Skim Chocolate

George-Little Rock is an Equal Opportunity Provider