

September 2020



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Breast WG Bun Carrots/Veg. Bar Mixed Fruit Pears	2 Breakfast Pizza Carrots/Veg. Bar WG Cookie Pineapple Apricots	3 Texas Straw Hats Refried Beans Vegetable Bar Apple Slices/Pears PB&J Sandwich	4 Pizza Burger WG Bun, Marina Sauce Green Beans, Veg. Bar Mandarin Oranges Banana
7 NO SCHOOL	8 Ham & Cheese WG Croissant Carrots/Veg. Bar Orange Slices Pineapple	9 Chicken Nuggets Mashed Potato Corn/Veg. Bar Sandwich Applesauce, Pears	10 Philly Cheese Steak WG Flatbread Peppers, Onion Vegetable Bar Pineapple, Peaches	11 Pizza Crunchers Marina Sauce Green Beans/Veg. Bar Banana Mandarin Oranges
14 Teriyaki Chicken Rice, Peas Vegetable Bar Mandarin Oranges Mixed Fruit Sandwich	15 Beef & Burrito Shredded Cheese Salsa Vegetable Bar Applesauce Pears	16 Hot Dog W/G Bun Baked Beans Vegetable Bar Strawberries Peaches	17 BBQ Chicken WG Ciabatta Bun Corn Vegetable Bar Orange Slices Pineapple	18 Meat Loaf w/Gravy Mashed Potatoes Green Beans Vegetable Bar Dinner Roll Apple Slices
21 Corn Dogs Baked Beans Vegetable Bar Apple Slices Pears	22 Crispito Cheese Sauce Sandwich Vegetable Bar Mandarin Oranges Mixed Fruit	23 Chicken Patty WG Bun Corn, Vegetable Bar Orange Slices Pineapple	24 Pizza Vegetable Bar WG Cookie Grapes Applesauce	25 Mr. Rib W/G Bun Green Beans Vegetable bar Strawberries Peaches
28 BBQ Beef WG bun Corn Vegetable Bar Strawberries Peaches	29 Hot Chicken Sand. WG Bun Peas Vegetable Bar Apple Slices Pears	30 Pancake on a Stick Tri Tator Vegetable Bar Orange Slices Applesauce Sandwich	Menu subject to change without notice	

BREAKFAST START TIMES:

MS & HS @ George 7:35 AM
Little Rock 7:45 AM
George Elementary 7:45 AM

BREAKFAST PRICES:

Students \$1.45
Adults \$1.95

LUNCH PRICES:

TK – 5 \$2.45
6th – 12th \$2.75
Adults \$3.85

BREAKFAST ITEMS:

Monday: Cereal or Muffin
Tuesday: Egg omelet & sausage
Wednesday: French toast sticks
Thursday: Pancake on a stick
Friday: Donut or Long John

MS & HS BREAKFAST ALA CARTE

ITEMS:

Egg wrap
Bacon or sausage pizza

VEGETABLE BAR:

Lettuce
Carrots/broccoli
Pickle spears/cheese/croutons
Ranch/French Dressing

Milk Served Daily

Skim, 1%, 1% Chocolate

