January 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change without notice.				3 Corndog, sandwich Baked beans Vegetable bar Pears/ banana
6	7	8	9	10
Calzone	Mr. Rib/ WG bun	Turkey/Cheese	Texas straw hat	Chicken patty
Marinara sauce	Green beans	Wrap	Cheese sauce	WG bun/ corn
Veggie Bar/cookie	Veggie bar	Chips	Refried beans	Vegetable bar
Applesauce	Mix fruit	Mandarin oranges Pineapple	Vegetable bar	Mix fruit/grapes
Pineapple	Peaches	Veggie bar	Apple slices/pears	
13	14	15	16	17 EARLY OUT
Philly Chee steak	Crispito	Chicken Vegetable	Pizza	Sausage, egg on
WG Bun	Cheese sauce	Soup, Sandwich	Veggie bar	WG croissant
Pepper/onions	Vegetable bar	Veggie bar	Orange slices	Tri Tator
Carrots/veggie bar	Mandarin orange	Apple slices/pears	Applesauce	Banana
Pears/ apples	Mix fruit		WG cookie	pineapple
20	21	22	23	24
Pizza cruncher	Chix quesadilla	Hamburger	Country fried steak	BBQ Beef, WG bun
Marina sauce	Cheese sauce	WG bun	Mashed potatoes	Corn, veggie bar
Veggie bar	Veggie bar	Green beans	Gravy/carrots	Orange slices
Peaches	Pears/ apple slices	Veggie bar	Mix fruit/sand.	Banana
Applesauce		Pineapple		
27	28	29	30	31
Hot dog/WG bun	Pork patty	Chili & chips	Hot chicken	BBQue
Baked beans	Potato wedges	Cheese sauce	sandwich	WG bun
Vegetable bar	SI. Carrots/sand	Veggie bar/ sand.	WG Bun/Peas	Corn, veg bar
Peaches/ apples	Veggie bar	Strawberries	Vegetable bar	Banana, mix fruit
	Orange slices	Mandarin oranges	Apple slices/ pears	

George-Little Rock is an Equal Opportunity Employer

BREAKFAST START TIMES:

MS & HS @ George 7:35 AM Little Rock 7:45 AM George Elementary 7:45 AM

BREAKFAST PRICES:

Students \$1.40 Adults \$1.90

LUNCH PRICES:

TK - 5 \$2.40 $6^{th} - 12^{th} 2.70 Adults \$3.75

BREAKFAST ITEMS:

Monday: Muffins or Cereal Tuesday: Egg omelet & sausage Wednesday: French toast sticks Thursday: Pancake on a stick Friday: Donut or Long John

BREAKFAST A LA CARTE ITEMS: MS & HS

Egg wrap

Bacon or sausage pizza

VEGETABLE BAR:

Lettuce
Carrots/broccoli
Boiled Eggs
Pickle spears/cheese/croutons
Ranch/French Dressing
Milk served daily
1%,1% Chocolate

Skim

