

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Vegetable bar Orange slices Applesauce	2 Bbq beef WG bun Baked beans Vegetable bar Strawberries/Peaches	3 Popcorn chicken Carrots Breadstick Vegetable bar Grapes/ mix fruit	4 Hamburger WG bun Green beans Vegetable bar Pears/ banana
7 Calzone Marinara sauce Veggie Bar/cookie applesauce Pineapple	8 Mr. Rib/ WG bun Green beans Veggie bar Strawberries peaches	9 NO SCHOOL	10 Texas straw hat Cheese sauce Refried beans Vegetable bar Apple slices/pears	11 chicken patty WG bun/ corn Vegetable bar Mix fruit/grapes
14 Corn dogs Baked beans Vegetable bar Pears/apple slices	15 Crispito Cheese sauce Vegetable bar Mandarin orange	16 Scalloped potatoes Ham/ Gr beans Vegetable bar/sandwich Strawberries/peaches	17 Oriental chicken rice/ peas vegetable bar grapes mix fruit/sand.	18 Baked potato Shredded cheese Broccoli/ham Sandwich Banana/peaches
21 Pizza cruncher Marina sauce Veggie bar peaches	22 Chix quesadallia Cheese sauce Veggie bar Pears/ apple slices	23 Chili Cinnamon roll Veggie bar Orange slices/mix fruit	24 Country fried steak Mashed potatoes Gravy/carrots Mix fruit/sand.	25 Teriyaki beef bites Rice/peas Vegetable bar Mandarin orange banana
28 Hot dog/WG bun Baked beans Vegetable bar Peaches/ apples	29 Pork patty Potato wedges Sl. Carrots/sand Veggie bar Orange slices	30 Hot chicken sandwich WG Bun/Peas Vegetable bar Apple slices/ pears	31 Mummy wraps Tombstones Ghost grub Goblin Drool	Menu subject to change without notice.

BREAKFAST START TIMES:

MS & HS @ George 7:35 AM

Little Rock 7:45 AM

George Elementary 7:45 AM

BREAKFAST PRICES:

Students \$1.40

Adults \$1.90

LUNCH PRICES:

TK – 5 \$2.40

6th – 12th \$2.70

Adults \$3.75

BREAKFAST ITEMS:

Monday: Muffins or Cereal

Tuesday: Egg omelet & sausage

Wednesday: French toast sticks

Thursday: Pancake on a stick

Friday: Donut or Long John

BREAKFAST A LA CARTE

ITEMS: MS & HS

Egg wrap

Bacon or sausage pizza

VEGETABLE BAR:

Lettuce

Carrots/broccoli

Boiled Eggs

Pickle spears/cheese/croutons

Ranch/French Dressing

Milk served daily

1%,1% Chocolate