

# September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> NO SCHOOL	<b>3</b> Hamburger WG bun Green beans Veggie bar Mix fruit, grapes	<b>4</b> Calzone Veggie bar WG cookie Pineapple applesauce	<b>5</b> Corn dogs Baked beans Vegetable bar Apple slices Pears	<b>6</b> Turkey & gravy WG biscuit Peas, veg bar Mandarin oranges Banana
<b>9</b> Chicken patty WG bun Corn Vegetable bar Apples ,peaches	<b>10</b> Dorito Tacos Shredded cheese Vegetable bar Orange slices Pineapple	<b>11</b> Scalloped potatoes Ham Green beans Pears, cranberries sandwich	<b>12</b> Crispito Cheese sauce Vegetable bar Banana, Mandarin oranges	<b>13</b> Early Out Teriyaki chicken Rice, peas Vegetable bar Grapes Mix fruit
<b>16</b> Philly cheese steak WG shell Peppers, onion Pineapple, peaches	<b>17</b> Salisbury steak Mashed potatoes Green beans,veg bar sandwich Applesauce	<b>18</b> Hot chicken sand. WG bun Peas ,veg bar Apple slices, pears	<b>19</b> Chilli & chips Cheese sauce Vegetable bar Strawberries peaches	<b>20</b> BBQ WG bun Corn, vegetable bar Grapes Mixed fruit
<b>23</b> BBQ pork / WG bun Corn Vegetable bar Strawberries peaches	<b>24</b> Hot beef/bread Mashed potatoes/gravy Green beans Pears/ applesauce	<b>25</b> Italian dunkers Cheese bread Vegetable bar mandarin oranges pineapple	<b>26</b> Hot dog /WG bun Baked beans Vegetable bar Strawberries/peaches	<b>27</b> Spaghetti WG breadstick Vegetable bar Banana Mandarin oranges
<b>30</b> Chicken fajita WG shell/sandwich Shredded cheese Orange slices applesauce			<b>Menu subject to change without notice</b>	

## BREAKFAST START TIMES:

MS & HS @ George 7:35 AM

Little Rock 7:45 AM

George Elementary 7:45 AM

## BREAKFAST PRICES:

Students \$1.40

Adults \$1.90

## LUNCH PRICES:

TK – 5 \$2.40

6<sup>th</sup> – 12<sup>th</sup> \$2.70

Adults \$3.75

## BREAKFAST ITEMS:

Monday: Cereal

Tuesday: Egg omelet & sausage

Wednesday: French toast sticks

Thursday: Pancake on a stick

Friday: Donut or Long John

## BREAKFAST A LA CARTE

### ITEMS: MS & HS

Egg wrap

Bacon or sausage pizza

### VEGETABLE BAR:

Lettuce

Carrots/broccoli

Boiled Eggs

Pickle spears/cheese/croutons

Ranch/French Dressing

**Milk served daily**

Skim, 1%,1% Chocolate