



Dear Parent:

Beginning with 7<sup>th</sup> grade the Iowa High School Athletic Association requires a physical yearly for students who wish to participate in any form of athletic activities, including cheerleading. This also includes 6<sup>th</sup> grade students participating in 7<sup>th</sup> grade athletic activities.

Sanford Health Rock Rapids Clinic is proud to once again be a part of this process, offering expanded hours at our beautiful new clinic at 104 Buncombe Drive. We understand that the costs associated with school aged children continues to rise, so we would like to do our part to reduce the health screening expense for student athletics.

We will once again offer a reduced cash price of the sports physical to \$35.00. In order to complete the physical for this amount we ask the following:

- We will offer the discount on appointments scheduled only as an athletic exam. The \$35.00 will need to be paid at the time of the exam. For this reduced price we will not be doing any billing or filing of insurance. If you want insurance filed, you will need to schedule this appointment as a wellness exam and please send your insurance card along to the appointment. We will perform the school-sanctioned athletic physical. If your child requires other medical attention, please schedule a regular appointment or well child appointment. If during the physical a physician notes that other services are needed, a return appointment will need to be scheduled.
- If your child is in need of vaccinations we need to know when scheduling the appointment, so we can schedule the visit as a wellness exam. We will bill insurance for both the visit and the vaccinations. Rules related to use of State vaccine will apply. **No vaccines can be given without parental consent.**
- Parents will need to have the school-provided physical form completely filled out PRIOR to the appointment. This includes a parent/legal guardian signature.
- If your child will be coming to the visit without a parent/legal guardian please let us know when you schedule your appointment and also call the clinic the day of your visit and give verbal consent. **We will not be able to complete the exam without parental consent.**

Please call Sanford Health Rock Rapids Clinic (712) 472-3333 to schedule an exam during our normal clinic hours

7:30 AM to 7 PM Monday through Thursday

7:30 AM to 5 PM Friday

8 AM to noon Saturday

If you have any questions regarding the physical, please feel free to contact your school's health department or our offices.

We look forward to serving your child's needs. This exam promotes a positive relationship between a patient and their physician and helps encourage a healthy future.

Sincerely,

Sanford Health Rock Rapids Clinic