



GEORGE - LITTLE ROCK
MUSTANGS

George – Little Rock Middle School/Elementary Announcements
Wednesday, March 13, 2019

HOMEROOM for March AM – Mr. Hoogland, PM - Mrs. Mayer

ASAP SCHEDULE:

Monday, March 11 – Ms. Anderberg

Tuesday, March 12 – Ms. Anderberg

Wednesday, March 13 – Ms. Anderberg

Thursday, March 14 – Mrs. Mayer

FRIDAY, March 15 is a Band day.

MENU CHANGE for Friday, March 15

Grill Chicken Breast on WG Bun

Corn

Vegetable Bar

Grapes

Mix Fruit

FOUND a wallet. Claim in the office.

LOOKING AHEAD:

March 15 – Early Dismissal – MS Shuttle 12:50/Rural Route 1:10

March 18 – 5:30 PM - Strengthening Family Program for ages 10 to 14 @ George Elementary

March 19 – 4:00 – 7:30 PM – Parent/Teacher Conferences

March 21 – 4:00 – 7:30 PM – Parent/Teacher Conferences

March 22 – NO SCHOOL

March 26 – 5:30 PM - Strengthening Family Program for ages 10 to 14 @ George Elementary

April 1 - 5 – IOWA ASSESSMENTS: Grade 2nd – 11th

April 8 - 12 – National Library Week

April 11 – 4:30 – 7th & 8th Co-Ed Track @ Hull

April 12 – Early Dismissal – MS Shuttle 12:50/Rural Route 1:10

April 12 – 4:30 – 7th & 8th Co-Ed Track @ HMS

To: Parents/Guardians of Students at George-Little Rock

Enclosed is the school illness guideline of George-Little Rock School. The school has procedures in place for sending and keeping children home from school when they are ill. We follow these procedures to make sure that children are given an adequate amount of time and rest to get well before returning to school. This also prevents the spread of illness to others. Good attendance is essential for success, but we also want to protect the health of other students, families, and staff. Please do your part of knowing when your child should come or stay home!

Students with the following symptoms should remain home or may be sent home from school:

- **Fever:** Keep your child home for a temperature of 100° F or above. The child's temperature must remain below 100° for 24 hours without the use of fever-reducing medications such as acetaminophen (Tylenol) or ibuprofen (Motrin, Advil).
- **Vomiting:** The child should be free of symptoms for 24 hours before returning to school.
- **Diarrhea:** Two or more liquid stools in a 24 hour period. The child should be free of symptoms for 24 hours before returning to school.
- **Persistent symptoms:** Signs of illness that could disrupt the student's learning and/or pose a risk of illness to others. Examples include extreme nasal congestion, reddened eyes, sore throat, uncontrolled cough, and headaches not responding to medication, lack of appetite or extreme fatigue.
- **Rash:** A contagious rash or a new, unexplained skin eruption/rash.
- **Communicable illnesses:** An illness for which you have been advised to keep your child out of school until cleared to return by your child's doctor.
- Any other health condition that is of concern for the child's health and well-being and/or that of others in the school building.
- Any health condition in which the school staff does not feel comfortable in managing or monitoring the student.

A school representative or the school nurse may contact you if your child becomes ill with the above symptoms while at school. If a parent/guardian cannot be reached, other individuals listed as an emergency contact for the student will be notified. For the child's safety, students will only be released to adults whose names appear as an emergency contact or someone specified by the parent/guardian in the event they are unable to pick the child up.

Please plan for how your child will be cared for if they need to remain home from school or are sent home from school due to illness.

To help minimize the spread of illness among students:

Report communicable diseases to the school immediately! Examples include influenza or chicken pox.
Remind your child about proper hand washing - especially after using the toilet or before eating!
Encourage good cough hygiene - cover the nose and mouth when coughing or sneezing!
Follow the guidelines above for staying home when ill!

Thank you for your cooperation in keeping our school as healthy as possible this year!

STUDENT ATTENDANCE: Students absent for partial days must report to the office upon their return to school. This will prevent students from being counted absent for the full day. Students are to report to the office before leaving the building for ANY reason. Students absent for a partial or full day shall require the parents to

contact the building principal's office to explain the reason for the absence. Parent contact with the school may be by telephone, a note, email, or in person.

PARENT/STUDENT COMMUNICATION: We appreciate the convenience of personal cell phones and text messaging, but we would ask that students come to the office to call their parent when they are feeling ill and need to go home.

NEW RULES AT HOME EVENTS IN THE GYM:

Please follow the following rules:

- ♣ The Back Hallway (locker room hall) will ONLY be used by: Coaches, Team Members (players, managers, statisticians, etc.), Cheerleaders, and Referees.
- ♣ No student(s) will be allowed out of the gym during live game time. They must wait for timeouts, breaks between quarters, halftime, and down time between games to leave their seats to get items from the concession stand or to use the restroom.
- ♣ In the STUDENT SECTION only students in Grades 5-12 will be allowed to sit in this section without an adult.
- ♣ All students under Grade 5 must be sitting with an adult.
- ♣ Students are prohibited from running or playing in the Commons Area.
- ♣ If a student leaves the high school without permission from a school official, they must pay at the gate to reenter the school.

WEATHER RELATED ANNOUNCEMENTS: The following TV and Radio Stations will carry our weather related announcements:

TV Stations

KELO –TV; KTIV-TV; KSFY-TV; KMEG-TV; KCAU-TV

Radio Stations

KIWA - 105.3; K101 - 101.1; KIHK - 106.9; KNWC - 96.5; KUOO - 103.9

Iowa Nondiscrimination Statement – “It is the policy of George-Little Rock Community School District not to discriminate on the basis of race, creed, color, age, sex, sexual orientation, gender identity, national origin, disability, marital status, social economic status, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.7 and 216.9. There is a grievance procedure for processing complaints of discrimination. If you have any questions or grievances related to compliance with this policy by George-Little Rock Community School District, please contact Reid Geerdes, Equity Coordinator, George-Little Rock Community School, 500 E. Indiana Ave., George, IA 51237; phone number 712-475-3311, email: rgeerdes@george-littlerock.org. Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319- 1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov>. To file a complaint of discrimination, write USDA, Director, and Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 1(866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact the USDA through the Federal Relay Service at 1(800)877-8339 or 1(800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Declaración de no discriminación de Iowa – “Es la política de George Little Rock comunidad distrito escolar no discrimina por razón de raza, credo, color, edad, sexo, orientación sexual, identidad de género, origen nacional, discapacidad, estado civil, nivel social económico o la religión en su programas, actividades o prácticas de empleo según lo requerido por la sección del código de Iowa 216.7 y 216.9. Existe un procedimiento de queja para el procesamiento de quejas de discriminación. Si usted tiene preguntas o quejas relacionadas con el cumplimiento de esta política por el distrito escolar comunidad George-Little Rock, por favor póngase en contacto con Reid Geerdes, Coordinador, escuela de la comunidad de George-Little Rock, 500 E. Indiana Ave., George, IA 51237; correo electrónico de 712-475-3311, número de teléfono: rgeerdes@george-littlerock.org. Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319 – 1004; teléfono número 515-281-4121, 800-457-4416; página web: <https://icrc.iowa.gov>.

Para presentar una queja por discriminación, escriba a USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 o llame al 1 (866) 632-9992 (voz). Individuos que son sordos o tienen discapacidades del habla pueden comunicarse con el USDA a través del servicio de retransmisión Federal al 1 (800) 877 – 8339 o 1 (800)845-6136 (español). USDA es un proveedor de igualdad de oportunidades y el empleador.