

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL Labor Day	4 Hot Chicken Sand. WG bun Peas Vegetable bar Apple slices Diced pears	5 Chili & chips Cheese sauce Vegetable bar Strawberries Diced peaches (watermelon)	6 Spaghetti WG bread stick Vegetable bar Banana Mandarin oranges	7 BBQ WG bun Corn Vegetable bar Grapes Mix fruit
10 Teriyaki chicken bites Rice Vegetable bar Orange slices Applesauce	11 Taco in a bag Shredded cheese Vegetable bar Apple slices Diced pears WG cookie	12 Hot dog WG bun Baked beans Vegetable bar Strawberries Peaches (watermelon)	13 Pork patty Mashed potatoes Gravy Sliced carrots Vegetable bar Banana Mandarin oranges	14 Chicken patty WG bun Corn Vegetable bar Grapes Mixed fruit
17 BBQ pork WG bun Corn Vegetable bar Strawberries Diced peaches (Watermelon)	18 Crispito Cheese sauce Vegetable bar Banana Mandarin oranges Sandwich	19 Oriental chicken Rice Peas Vegetable bar Grapes Mixed fruit	20 Chicken fajita WG shell Shredded cheese Vegetable bar Orange slices Applesauce	21 Meatball sub WG bun Baked beans Vegetable bar Apple slices Diced pears
24 Hot beef/bread Mashed potatoes Gravy/gr beans Vegetable bar Strawberries Diced peaches	25 Chicken tetrazzini Peas Vegetable bar Banana Mixed fruit Cinnamon roll	26 Country fried steak Mashed potatoes Gravy/ sl carrots Vegetable bar Grapes/ mix fruit Sandwich	27 Pizza Vegetable bar Orange slices Applesauce WG cookie	28 Mini corn dogs Baked beans Vegetable bar Apple slices diced

BREAKFAST START TIMES:

MS & HS @ George 7:35 AM

Little Rock 7:45 AM

George Elementary 7:45 AM

BREAKFAST PRICES:

Students \$1.30

Adults \$1.75

LUNCH PRICES:

TK – 5 \$2.30

6th – 12th \$2.60

Adults \$3.65

BREAKFAST ITEMS:

Monday & Friday: Cereal

Tuesday: Egg omelet & sausage

Wednesday: French toast sticks

Thursday: Pancake on a stick

BREAKFAST A LA CARTE

ITEMS: MS & HS

Ham bar

Egg wrap

Bacon or sausage pizza

VEGETABLE BAR:

Lettuce

Carrots/broccoli

Boiled Eggs

Pickle spears/cheese/croutons

Ranch/French Dressing

Milk served daily

Skim, 1%, Skim Chocolate

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