

January 2018 GEORGE LITTLE ROCK MENU

Mon	Tue	Wed	Thu	Fri
1 HAPPY NEW YEAR				
8 Hot ham & cheese WG bun Baked beans Vegetable bar Orange slices applesauce	9 Texas straw hats Cheese sauce Refried beans Vegetable bar Apple slices Diced pears	10 Mr. Rib WG bun Green beans Vegetable bar Strawberries Diced peaches	11 Italian Dunkers Cheese bread Vegetable bar Banana Mandarin oranges WG cookie	12 Chicken nuggets Mashed potatoes Gravy/ corn Vegetable bar Grapes Mixed fruit
15 BBQe Beef WG buns Green beans Vegetable bar Orange slices applesauce	16 Hot chicken sand. WG bun Peas Vegetable bar Apples slices Diced pears	17 Chili & chips Cheese sauce Strawberries Diced peaches WG cookie	18 Spaghetti WG bread stick Vegetable bar Banana Mandarin oranges	19 Pulled pork sand. WG bun Chips/Corn Vegetable bar Grapes Mixed fruit
22 Cheese burger WG bun Green beans Vegetable bar Oranges slices applesauce	23 Potato ole` Cheese sauce Refried beans Vegetable bar Apples / diced pears sandwich	24 Hot dog WG bun Baked beans Vegetable bar Strawberries Diced peaches	25 Pork patty m. potatoes/ gravy Sliced carrots Vegetable bar Banana M. oranges/ sand.	26 BBQes WG buns Corn Vegetable bar Grapes Mixed fruit
29 Scalloped Potatoes & ham Green beans Oranges/ applesauce Vegetable bar sandwich	30 Turkey/cheese sub WG bun Peas Vegetable bar Apple slices Diced pears	31 Taco in a bag Shredded cheese Vegetable bar Strawberries Diced peaches WG cooki		

BREAKFAST STARTING TIMES:
LITTLE ROCK 7:45AM
GEORGE ELEMENTRY 7:45AM
MS & HS 7:35AM
BREAKFAST PRICES
STUDENTS: \$1.30 ADULTS: \$1.75
LUNCH PRICES
TK-5: \$2.20
6-12 \$2.50
ADULTS \$3.55
BREAKFAST ITEMS
Monday & Friday: cereal
Tuesday: egg omelet & sausage
Wednesday: French toast sticks
Thursday: pancake on a stick
A LA CARTE ITEMS
MS & HS
Ham bar
Egg wrap
Bacon or sausage pizza
VEGETABLE BAR
Lettuce/ romaine
Carrots/broccoli
Tomatoes/ cucumbers
Cheese/ croutons
Ranch/ French dressings