

February 2018 George Little Rock School Menu

| eMon | Tue | Wed | Thu | Fri |
|---|--|--|--|--|
| | | | 1 Crispito Cheese sauce Vegetable bar Banana M. oranges | 2 Chicken patty WG bun Corn Veg. bar Grapes Mix fruit |
| 5 Chicken fajita WG shell/ cheese Vegetable bar Orange slices Applesauce sandwich | 6 Hot ham & cheese/ WG bun Corn Vegetable bar Apples slices sandwich | Hot beef/ bread Potatoes & gravy Green beans Vegetable bar Strawberries Diced peaches | 8 Country fr. Steak/ potatoes Gravy/ carrots Vegetable bar Banana m. oranges/ sand. | 9 Chicken Tetrazzini/peas Vegetable bar Grapes Mix fruit Cinnamon roll |
| 12 Pizza Vegetable bar Orange slices Applesauce WG cookie | 13 Mini corndogs Baked beans Vegetable bar Apple slices Diced pears | 14 BBQ pork Green beans Vegetable bar Strawberries Diced peaches | 15 Creamed turkey WG biscuit Peas Vegetable bar Banana M. oranges | 16 NO SCHOOL |
| 19 NO SCHOOL | 20 Texas straw hats Cheese sauce Refried beans Vegetable bar Apple slices Diced pears | 21 Mr. Ribb WG bun Corn Vegetable bar Strawberries Diced peaches | 22 Italian dunkers Cheese bread Vegetable bar Banana m. oranges WG cookie | 23 Chicken nuggets m. potatoes Gravy/ corn Vegetable bar Grapes Mix fruit |
| 26 Salisbury steak m. potatoes Gravy/ gr. Beans Vegetable bar Orange slices Applesauce/ sand | 27 Hot chicken sand./ WG bun Peas Vegetable bar Apples slices Dice pears | 28 Chili/ chips/cheese Vegetable bar Strawberries Dice peaches | | |

BREAKFAST STARTING TIMES:

LITTLE ROCK 7:45AM
GEORGE ELEMENTRY
7:45AM

MS & HS 7:35AM

BREAKFAST PRICES
STUDENTS: \$1.30 ADULTS:

\$1.75

LUNCH PRICES

TK-5: \$2.20

6-12 \$2.50

ADULTS \$3.55

BREAKFAST ITEMS

Monday & Friday: cereal

Tuesday: egg omelet & sausage

Wednesday: French toast sticks

Thursday: pancake on a stick

A LA CARTE ITEMS

MS & HS

Ham bar

Egg wrap

Bacon or sausage pizza

VEGETABLE BAR

Lettuce/ romaine

Carrots/broccoli

Tomatoes/ cucumbers

Cheese/ croutons

Ranch/ French dressings