

October 2017 George Little Rock School

BREAKFAST STARTING TIMES:

In George
MS & HS: 7:45 AM
In Little Rock: 7:45

BREAKFAST PRICES

STUDENT: \$1.30
ADULT: \$1.75

LUNCH PRICES

TK—5: \$2.20
6—12: \$2.50
ADULT; \$3.55
SECOND ENTRÉE: \$1.25
EXTRA MILK: \$.35

Breakfast items:

Monday & Friday: cereal
Tuesday: Egg omelet & Sausage
Wednesday: French toast sticks
Thursday: Pancake on a Stick
A LA CART ITEMS FOR

MS & HS.
Ham bar
Egg wrap
Bacon pizza
Sausage pizza

VEGETABLE BAR

Lettuce
Romaine Lettuce
Baby carrots
Broccoli
Peppers (in season)
Grape tomatoes
Cucumbers
Shredded cheese
Croutons

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|--|
| 2 Pizza Vegetable bar Orange slice Applesauce WG cookie | 3 Mini corndogs Bake beans Vegetable bar Apple slices Dice pears | 4 Mac & cheese Garlic toast Vegetable bar Strawberries Dice peaches | 5 Chicken a la king WG biscuit Peas Vegetable bar Banana Mandarin oranges | 6 Hamburgers WG bun Green beans Vegetable bar Mix fruit Grapes |
| 9 Ham & cheese WG bun Peas Vegetable bar Orange slices Applesauce | 10 Texas straw hats Cheese sauce Refried beans Vegetable bar Apple slices Dice pears | 11 Mr. Rib WG bun Green beans Vegetable bar Strawberries Dice peaches | 12 Italian dunkers Cheese bread Vegetable bar Banana Mandarin oranges WG cookie | 13 Chicken nuggets Mashed potatoes Gravy Corn Vegetable bar Mix fruit, HS sandwich |
| 16 BBQue pork WG bun Green beans Vegetable bar Orange slice Applesauce | 17 Hot chicken sand. WG bun Peas Vegetable bar Apple slices Dice pears | 18 Chili/chip/cheese Garlic cheese bread Vegetable bar Strawberries Dice peaches | 19 Spaghetti WG bread sticks Vegetable bar Banana Mandarin oranges | 20 BBQues WG buns Corn Vegetable bar Grapes Mix fruit |
| 23 Cheese burger WG bun Green beans Vegetable bar Orange slices applesauce | 24 Potato ole` Cheese sauce Refried beans Vegetable bar Apples/ D. pears sandwich | 25 Taco in a bag Shredded cheese Vegetable bar Strawberries Dice peaches sandwich | 26 Pork patty Mashed potatoes Sliced carrots Vegetable bar Banana m. oranges & sand. | 27 Oriental chicken Rice Peas Vegetable bar Grapes Mix fruit |
| 30 Scalloped potatoes & ham Green beans Vegetable bar Oranges/ applesauce sandwich | 31 Turkey cheese sub WG bun Peas Vegetable bar Apples slices Dice pears | | | |