

November 2015 GLR MENU

WAMon	Tue	Wed	Thu	Fri
FRENCH TOAST 2 Scalloped potatoes & ham Green beans Vegetable Bar Sliced Apples Diced pears sandwich	PANCAKES 3 Turkey Cheese sub WG bun French Fries Peas Vegetable Bar Orange Smiles Applesauce	WAFFLES 4 Hot Dog WG buns Baked Beans Vegetable Bar Strawberries Diced peaches	EGG OMELET 5 Chicken pattie WG bun Tri taters Corn Vegetable Bar Banana pineapple	6 NO SCHOOL
FRENCH TOAST 9 Chicken fajita Shredded cheese Vegetable Bar Orange smiles Applesauce sandwich	PANCAKES 10 Deli combo sub WG bun French fries Corn Vegetable Bar Sliced apples Diced pears	WAFFLES 11 Hot beef / bread Mashed potatoes Green beans Vegetable Bar Red Grapes Diced peaches	EGG OMELET 12 Country fried steak Mashed potatoes/ gravy Sliced carrots Vegetable Bar Banana Pineapples sandwich	CEREAL 13 Chicken tettrazini Peas Vegetable bar Fresh mix fruit cup Cinnamon roll
FRENCH TOAST 16 Pizza Vegetable Bar Orange smiles Applesauce cookie	PANCAKES 17 Turkey burger WG bun Potato wedges Baked beans Vegetable Bar Sliced apples Diced pears	WAFFLES 18 Mac & cheese Garlic toast Vegetable Bar Strawberries Diced peaches	EGG OMELET 19 Chicken A La King WG biscuit Peas Vegetable Bar Banana pineapple	CEREAL 20 Turkey Mashed potatoes/gravy Green beans Pumpkin dessert Vegetable Bar Dinner roll
FRENCH TOAST 23 Hot Ham & cheese WG bun Potato smiles Pea Vegetable Bar Orange smiles Applesauce	PANCAKES 24 Mr. Ribb WG bun Green Beans Vegetable Bar Sliced apples Diced pears	WAFFLES 25 Chicken Nuggets Mashed potatoes/gravy Corn Vegetable Bar Fresh mix fruit cup Sandwich	26 NO SCHOOL	27 NO SCHOOL
FRENCH TOAST 30 Salisbury steak Mashed potatoes Green beans Vegetable Bar Orange smiles Applesauce sandwich				